

## **Pre-Procedure Instructions for prior to your next ECT treatment**

### **Medical Evaluation Prior to Your ECT Treatment**

Sonora Behavioral Hospital has arranged for a primary care provider to do physical exams as needed for patients receiving ECT. He will communicate with your primary physician as needed. If you would rather have your primary physician do the pre-ECT physical exam, please let us know.

Labs/studies due before next treatment:

Basic Metabolic Panel

12-lead EKG

CBC with diff and platelets

Chest X-ray, PA and LAT

Dibucaine number \_\_\_\_\_ OTHER: \_\_\_\_\_

**All results must be faxed to (520) 885-5559 (ALEPH Center) at least 1 business day prior to ECT. If the updated physical, labs, and studies are not up-to-date then ECT may need to be cancelled and rescheduled.**

No labs or studies due before next treatment.

### **Before Your ECT Treatment**

1. Your next ECT is scheduled for \_\_\_\_\_ at \_\_\_\_\_. Call 885-5558 to confirm your time.
2. **Do not eat or drink anything after midnight the night before your treatment.**
3. **Do not eat or drink anything after \_\_\_\_\_ the day of your treatment.**
4. Take all heart, blood pressure, and seizure medications the morning of the procedure with sips of water.
5. Enter **Sonora Behavioral Health off Corona. Behind hospital "ECT Parking"** 6050 N. Corona Rd, Tucson 85704
6. Bring your completed ECT Checklist with your medications listed or a separate list of your medications.
7. If you are unable to keep your appointment call 885-5558 to avoid being charged. (Have the Dr. on call paged if the office is closed and leave a message with your name and phone number)
8. Wear loose, comfortable clothing to the hospital.
9. You must have someone drive you home and stay with you constantly for at least 8 hours after the treatment.